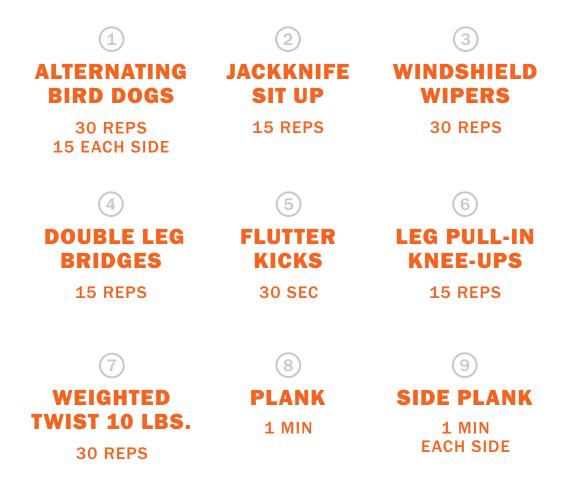
CORE Strive for progress, not perfection. Leave the weaker version of yourself for last year.

"



REPEAT CIRCUIT 2-3 TIMES

