



# RECREATION

ANNUAL REPORT • 2023-2024





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# HOO WE ARE

## VISION

**Virginia Recreation** is where Hoos find **connection** and **inspiration** to **thrive**.

## MISSION

Virginia Recreation offers a variety of programs, services and spaces where our students, faculty and staff feel welcome and safe, can find meaningful connections and develop all dimensions of wellness (social, intellectual, physical, emotional, spiritual, financial and occupational) that enrich the learning, living, teaching and working experiences at UVA.



# VALUES

## SAFETY

A shared commitment by all employees that safety is at the forefront of all decision-making, operations and programs that is regularly evaluated.

## QUALITY

Adhere to the highest industry standards by utilizing and stewarding resources effectively to exceed expectations in all that we do.

## COLLABORATION

Foster relationships and serve as good University citizens in all interactions with individuals, groups and departments.

## COMPLIANCE

Adhere to all governing regulations, University policies, health and safety standards and data/security requirements.

## INCLUSIVITY

Create safe, accessible environments and activities where all members of the University community feel welcome and can thrive.

## CREATIVITY

Execute our mission while navigating change and obstacles with an approach that is resourceful, innovative and imaginative.



# WHAT WE MANAGE INSIDE

**4**      
**FACILITIES** • **10** multipurpose rooms

ARRAY OF CARDIO/STRENGTH EQUIPMENT



 **10**  
**INDOOR BASKETBALL COURTS**


 **1**  
**INDOOR SPORT COURT**

 **2**  
**INDOOR TRACKS**

 **1**  
**COMBAT ROOM**

 **4**  
**SAUNAS**


 **9** **RACQUETBALL COURTS**  
**2** **SQUASH COURTS**

 **1**  
**CLIMBING CENTER**

 **2** **WHIRLPOOLS**  
 **2** **POOLS**



# WHAT WE MANAGE OUTSIDE

5 

ARTIFICIAL TURF FIELDS



2

SAND VOLLEYBALL COURTS



20

PICKLEBALL COURTS



4

NATURAL GRASS FIELDS



3

SOFTBALL FIELDS

40+



ACRES OF OUTDOOR RECREATION SPACE



2

OUTDOOR WALKING TRACKS

17



TENNIS COURTS

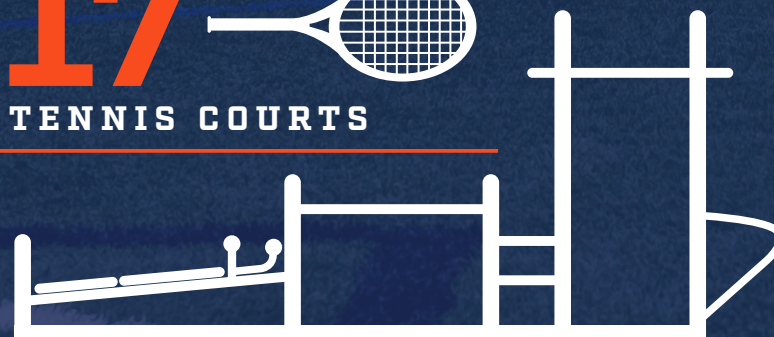
2 

PICNIC GROUNDS

6



OUTDOOR BASKETBALL COURTS



OUTDOOR FITNESS EQUIPMENT



# RECREATION CENTER USE

UVA Recreation accommodated over 39,000 reservations accounting for over 78,000 reservation hours, with over 698,000 participations resulting in over 2.5-million contact hours through reservations alone. Approximately 50% of reservations were indoors while the other 50% were across our outdoor venues. The largest number of reservations were found at the outdoor tennis courts and indoor multi-purpose rooms, each equating to nearly 1/4 of the total reservations. These expansive reservations were scheduled by 309 unique University organizations and departments, inclusive of 214 unique CIO's and 44 unique Club Sports.

UVA Recreation hosted over 70 academic classes, over 2-dozen intercollegiate competitions and more than 30 community camps.

977,585

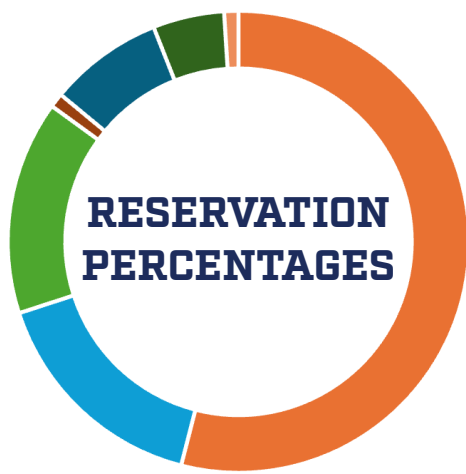
Total number of recreation center visits



22,626

Unique recreation center visits

- CIO's/Students - 54%
- Club Sports - 16%
- UVA Rec Programs - 15%
- UVA Departments - 1%
- Academics Classes - 8%
- UVA Athletics - 5%
- Community - 1%





# STUDENT ORGANIZATIONS

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UVA Rec is a vital part of the student experience while at UVA. That's clearly shown in the number of Student Organizations that reserve UVA Rec space.

# 214

Student organizations that reserved space

# CLUB SPORTS

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# 57

Club Sports at UVA

# 138,735

Total number of student participations in club sports reservations



# ACADEMIC SUPPORT

UVA Rec hosts Lifelong Physical Activity (LPA) classes in our facilities which are academic classes through UVA Kinesiology in the School of Education and Human Development.

In addition to LPA classes in our facilities, UVA Rec hosts academic classes from other UVA schools for various labs, simulations and other activities throughout the academic year.

Our staff hosted and supported thousands of students & their families during commencement weekends with 15 graduation ceremonies taking place in our facilities. Additionally, our staff facilitated many events for the Office of Major Events.

## 11,500



Attendees at graduation diploma ceremonies

## 1,500

Attended alumni events

## 70

Total number LPA classes hosted in our facilities

## 3

Permanent 3-credit hour courses with the School of Education and Human Development in Group Fitness Instruction, Personal Training and Outdoor Leadership

## 3

ROTC divisions train and test in our facilities





# ATHLETIC SUPPORT

UVA Rec's support of Athletics in 2023-2024 culminated with the UVA Women's Swim and Dive team's fourth consecutive National Championship win. The Swim and Dive team practice and compete in the Aquatic & Fitness Center. The UVA Men's Wrestling and Women's Volleyball utilized Memorial Gym as their home and Women's Rowing made a home for their dry-practice in Slaughter Rec Center.



15

Volleyball Matches

4

Swim & Dive Meets

1

Wrestling Match

6

Football FanFests



# STUDENT EMPLOYEES

521  
STAFF

UVA Rec empowers our student employees giving them responsibilities vital to our successful operation. We are one of the biggest employers of students on Grounds. Students open and close our buildings, run our programs and lead their peers through service and action.

UVA Rec student staff members learn and practice emergency management, many become CPR certified, build skills useful to post-graduate life, take part in leadership opportunities and guide our operations through feedback and interaction with our full-time staff.





# WELCOMING HOOS

UVA Rec is an integral part of welcoming new and returning students to Grounds. During New Student Orientation, we host incoming students in the AFC for a night of fun, games and connection. Outdoor Adventure staff holds the Cavalier Outdoor Adventure Retreat (COAR), a student-led backpacking and wilderness camping trip in Shenandoah National Park, after all 7 orientation sessions.

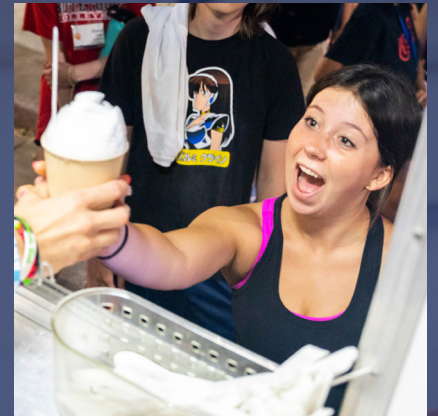
UVA Rec is a cornerstone of the University's Welcome Week activities helping set the tone for the year, facilitate connections and get the year started right.

## 3,000+

New students celebrating  
Rec Fest 2023

## 3,000+

Students attended UVA Rec's  
Hoos Home block party





# RECREATION PROGRAMS

Recreation Programs hosted beginner, intermediate and advanced classes for individuals wanting to improve their abilities in swimming, tennis, martial arts, bouldering and more.

# 1,643

Participants

# 270

Programs





# OUTDOOR ADVENTURE

Outdoor Adventure facilitates leadership development and confidence building adventure programs. Additionally, they rent outdoor equipment helping the University community gain more from the outdoors.

## 141

Adventure trips, clinics, workshops  
and instructional programs

## 887

Participants

## 5,484

Total program miles traveled

## 14,580

Contact hours





# CLIMBING CENTER

Outdoor Adventure manages the climbing center which hosts a tight knit community that support, push and encourage each other.

# 24,951

Climbing Center accesses

## 295

Clinic participants

## 19%

Days at capacity

## Challenge Course

## 2,334

Participants

## 7,116

Contact hours with participants

## 73

Challenge Course programs

## COAR

Summer 2023

# 61

Participants





# FITNESS

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2023-24 found us working with several different departments & organizations on Grounds to provide private group fitness classes (including weekly private yoga classes for the varsity cross-country team). Fall 2023 also saw the highest number of sessions offered and participants register ever. We also hosted the 2023 Southeast Collegiate Fitness Expo which had 472 attendees, 102 presenters & 32 schools from 11 states.

**1,517**

Small Group Training participants

**15,169**

Group Fitness participations

**1,703**

Personal Training sessions performed

**1,595**

Total Group Fitness classes





UVA Rec partners with UVA Human Resources to host programs and group fitness classes as part of Hoos Well.

205

Programs

1,393

Participants

640

Total of drop-in Group Fitness classes





# INTRAMURAL SPORTS

The Fall 2023 Intramural Sports season saw the highest number of teams registered since 2012. The Spring 2024 Intramural Sports season quickly surpassed Fall 2023 and saw **the most teams registered in recorded history.**

# 51

Leagues & tournaments

# 1,746

Teams

# 29,710

Participations

# 5,135

IM Memberships





# COLLABORATION AND SUPPORT

UVA Rec collaborates and supports activity from departments across Grounds. Our partnerships on University-wide initiatives and academic support include:

## **Student Health & Counseling and Psychological Services**

- Lend support by providing programs and support for student wellness

## **Student Affairs**

- Welcome Week activities
- UVA Rec-hosted Leadership2k banquet and teambuilding
- Teambuilding & stress relieving activities during RA training

## **Human Resources**

- Hosting and leading Hoos Well classes for Employee Wellness

## **Contemplative Sciences Center**

- We host weekly Night Owl Yoga classes as well as Mysore Ashtanga Yoga

## **Provost Office**

- Host academic classes for the School of Education and Human Development, Frank Batten School of Leadership and Public Policy and ROTC

## **Office of Major Events**

- Annual graduation ceremonies
- Alumni Association reunion events

## **Safety and Security**

- Support serving as state shelters and evacuation sites for emergencies and natural disasters



# PROJECTS & INITIATIVES

Many strategic initiatives were completed to enhance operations and user experiences this year. 21 Strategic initiatives were accomplished this year through **Asset Management** (lendable equipment expansions, MP Room resets, aesthetic improvements, CHF renovations); **Risk Management** (updated EAPs, SRC active shooter table top training, security camera expansion); **Operations & Maintenance** (customer facing engagement initiatives, 25Live report distribution to students staff, all-gender areas identified, Park staffing expansions); and **Business Management** (facility/aquatic collaborations, tennis court reservation audits, bi-monthly Business Services meetings).





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