



RECREATION

ANNUAL REPORT • 2022-2023



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HOO WE ARE

VISION

Virginia Recreation is where Hoos find **connection** and **inspiration** to **thrive**.

MISSION

Virginia Recreation offers a variety of programs, services and spaces where our students, faculty and staff feel welcome and safe, can find meaningful connections and develop all dimensions of wellness (social, intellectual, physical, emotional, spiritual, financial and occupational) that enrich the learning, living, teaching and working experiences at UVA.



VALUES

SAFETY

A shared commitment by all employees that safety is at the forefront of all decision-making, operations and programs that is regularly evaluated.

QUALITY

Adhere to the highest industry standards by utilizing and stewarding resources effectively to exceed expectations in all that we do.

COLLABORATION

Foster relationships and serve as good University citizens in all interactions with individuals, groups and departments.

COMPLIANCE

Adhere to all governing regulations, University policies, health and safety standards and data/security requirements.

INCLUSIVITY

Create safe, accessible environments and activities where all members of the University community feel welcome and can thrive.

CREATIVITY

Execute our mission while navigating change and obstacles with an approach that is resourceful, innovative and imaginative.

WHAT WE MANAGE INSIDE

4  **FACILITIES** • **11** multipurpose rooms

ARRAY OF CARDIO/STRENGTH EQUIPMENT



10  **INDOOR BASKETBALL COURTS**

1  **INDOOR SPORT COURT**

2  **INDOOR TRACKS**

9  **RACQUETBALL COURTS**
2  **SQUASH COURTS**

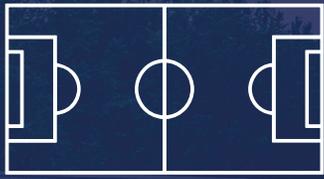
1  **COMBAT ROOM**

1  **CLIMBING CENTER**

4  **SAUNAS** **2**  **WHIRLPOOLS** **2**  **POOLS**

WHAT WE MANAGE OUTSIDE

5



ARTIFICIAL TURF FIELDS



2

SAND VOLLEYBALL COURTS



18

PICKLEBALL COURTS



4

NATURAL GRASS FIELDS



3

SOFTBALL FIELDS

40+



ACRES OF OUTDOOR RECREATION SPACE



2

OUTDOOR WALKING TRACKS

17



TENNIS COURTS

2

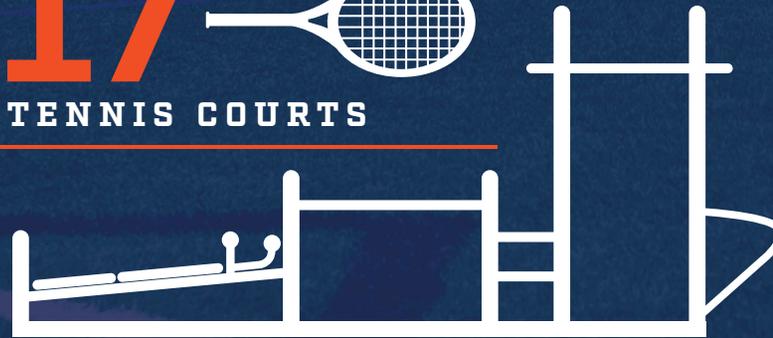


PICNIC GROUNDS

6



OUTDOOR BASKETBALL COURTS



OUTDOOR FITNESS EQUIPMENT

RECREATION CENTER USE

UVA Recreation accommodated over 36,000 reservations accounting for over 77,000 reservation hours, with over 740,000 participations resulting in nearly 3-million contact hours through reservations alone. Reservations increased over 33% from the previous year. Approximately 60% of reservations were indoors (up 10% from the previous year) while the other 40% were across our outdoor venues. The largest number of reservations were found at the outdoor tennis courts and indoor multi-purpose rooms, each equating to nearly 1/4 of the total reservations. These expansive reservations were scheduled by 286 unique University organizations and departments, inclusive of 151 unique CIO's and 47 unique Club Sports.

UVA Recreation hosted over 70 academic classes, over 2-dozen intercollegiate competitions and more than 30 community camps.

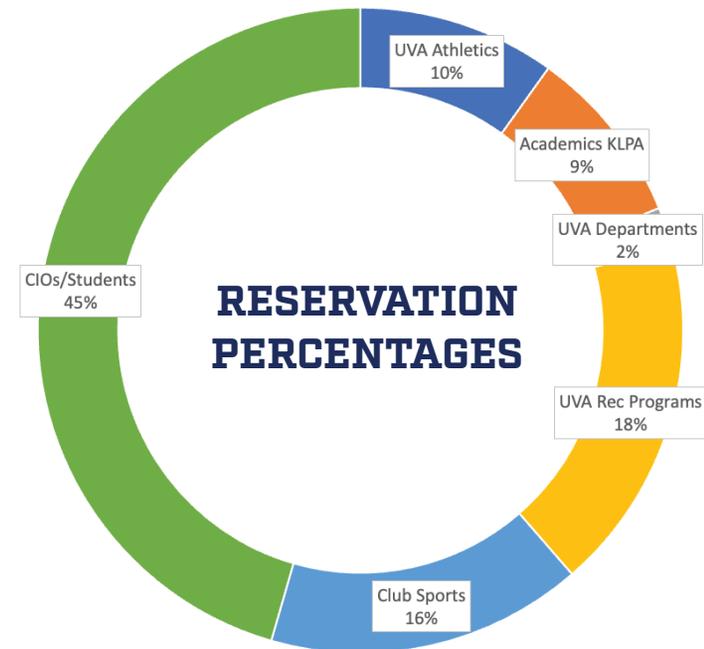
905,495

Total number of recreation center visits



22,770

Unique recreation center visits



STUDENT ORGANIZATIONS

UVA Rec is a vital part of the student experience while at UVA. That's clearly shown in the number of Student Organizations that reserve UVA Rec space.

198

Student organizations that reserved space

CLUB SPORTS

57

Club Sports at UVA

121,724

Total number of student participations in club sports reservations

ACADEMIC SUPPORT

UVA Rec hosts Lifelong Physical Activity (LPA) classes in our facilities which are academic classes through UVA Kinesiology in the School of Education and Human Development.

In addition to LPA classes in our facilities, UVA Rec hosts academic classes from other UVA schools for various labs, simulations and other activities throughout the academic year.

Our staff hosted and supported thousands of students & their families during commencement weekends with 15 graduation ceremonies taking place in our facilities. Additionally, our staff facilitated many events for the Office of Major Events.

12,500



Attendees at graduation diploma ceremonies

2,000

Attended alumni events

70

Total number LPA classes hosted in our facilities

8

Full-time UVA Rec employees teaching LPA classes

3

Permanent 3-credit hour courses with the School of Education and Human Development in Group Fitness Instruction, Personal Training and Outdoor Leadership

3

ROTC divisions train and test in our facilities



ATHLETIC SUPPORT

UVA Rec's support of Athletics in 2022-2023 culminated with the UVA Women's Swim and Dive team's third consecutive National Championship win. The Swim and Dive team practice and compete in the Aquatic & Fitness Center. The UVA Men's Wrestling and Women's Volleyball utilized Memorial Gym as their home and Women's Rowing made a home for their dry-practice in Slaughter Rec Center.

14

Volleyball Matches

3

Swim & Dive Meets

5

Wrestling Matches

6

Football FanFests

STUDENT EMPLOYEES

GOB STAFF

UVA Rec empowers our student employees giving them responsibilities vital to our successful operation. We are one of the biggest employers of students on Grounds. Students open and close our buildings, run our programs and lead their peers through service and action.

UVA Rec student staff members learn and practice emergency management, many become CPR certified, build skills useful to post-graduate life, take part in leadership opportunities and guide our operations through feedback and interaction with our full-time staff.



WELCOMING HOOS

UVA Rec is an integral part of welcoming new and returning students to Grounds. During New Student Orientation, we host incoming students in the AFC for a night of fun, games and connection. Outdoor Adventure staff holds the Cavalier Outdoor Adventure Retreat (COAR), a student-led backpacking and wilderness camping trip in Shenandoah National Park, after all 7 orientation sessions.

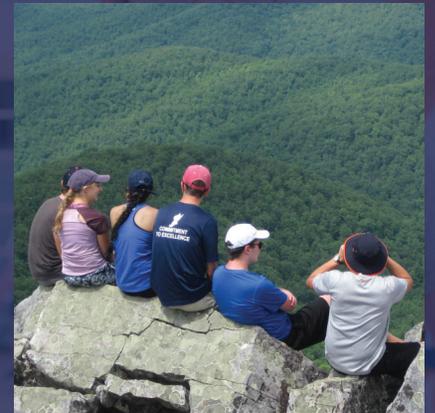
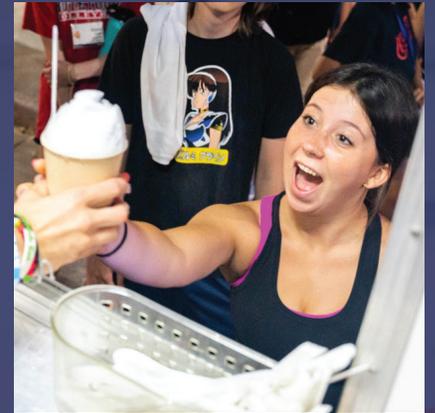
UVA Rec is a cornerstone of the University's Welcome Week activities helping set the tone for the year, facilitate connections and get the year started right.

3,000+

New students celebrating
Rec Fest 2022

2,500

Students attended UVA Rec's
Hoos Home block party



RECREATION PROGRAMS

Recreation Programs hosted beginner, intermediate and advanced classes for individuals wanting to improve their abilities in swimming, tennis, martial arts, bouldering and more.

1,575

Participants

260

Programs



OUTDOOR ADVENTURE

Outdoor Adventure facilitates leadership development and confidence building adventure programs. Additionally, they rent outdoor equipment helping the University community gain more from the outdoors.

114

Adventure trips, clinics, workshops and instructional programs

731

Participants

4,610

Total program miles traveled

17,070

Contact hours

1,205
Outdoor equipment rentals



CLIMBING CENTER

Outdoor Adventure manages the climbing center which hosts a tight knit community that support, push and encourage each other.

23,462

Climbing Center accesses

119

Clinic participants

33%

Days at capacity

Challenge Course

2,297

Participants

6,970

Contact hours with participants

71

Challenge Course programs



FITNESS

2022-23 found us working with several different departments & organizations on Grounds to provide private group fitness classes (including weekly private yoga classes for the varsity cross-country team). Fall 2022 also saw the highest number of sessions offered and participants register ever. We also hosted the 2023 Southeast Collegiate Fitness Expo which had 472 attendees, 102 presenters & 32 schools from 11 states.

1,151

Small Group Training participants

12,023

Group Fitness participations

1,395

Personal Training sessions performed

1,575

Total Group Fitness classes

 RECREATION +  HoosWell

UVA Rec partners with UVA Human Resources to host programs and group fitness classes as part of Hoos Well.

166

Programs

1,082

Participants

717

Total of drop-in Group Fitness classes



INTRAMURAL SPORTS

The Fall 2022 Intramural Sports season saw the highest number of teams registered since 2012. The Spring 2023 Intramural Sports season quickly surpassed Fall 2022 and saw **the most teams registered in recorded history.**

56

Leagues & tournaments

1,562

Teams

31,456

Participations

11,710

Participants



COLLABORATION AND SUPPORT

UVA Rec collaborates and supports activity from departments across Grounds. Our partnerships on University-wide initiatives and academic support include:

Student Health & Counseling and Psychological Services

- Lend support by providing programs and support for student wellness

Student Affairs

- Welcome Week activities
- UVA Rec-hosted Leadership2k banquet and teambuilding
- Teambuilding & stress relieving activities during RA training

Human Resources

- Hosting and leading Hoos Well classes for Employee Wellness

Contemplative Sciences Center

- We host weekly Night Owl Yoga classes as well as Mysore Ashtanga Yoga

Provost Office

- Host academic classes for the School of Education and Human Development, Frank Batten School of Leadership and Public Policy and ROTC

Office of Major Events

- Annual graduation ceremonies
- Alumni Association reunion events

Safety and Security

- Support serving as state shelters and evacuation sites for emergencies and natural disasters

PROJECTS & INITIATIVES

Many facility projects and strategic initiatives were completed to enhance operations and user experiences this year. 33 Strategic initiatives were accomplished this year through **Asset Management** (volleyball lines added to AFC, expansion of fitness space at NGRC MP room, enhance event resources with new tables and chairs, pickleball courts added to NGRC, Snyder & Detll, MEM Combative Room remodel); **Risk Management** (weight room safety protocols developed for platforms and bumper plates, AFC pool deck security enhance with electronic card controls, security cameras added to AFC, NGRC, SRC, & the Park, AED Towers added to Snyder and CHF); **Operations & Maintenance** (tennis ball recycling program initiated at Snyder, water bottle fill stations installed at Park, gender neutral restrooms identified at AFC, MEM, & NGRC, quarterly audits and FM meeting instituted); and **Business Management** (on-boarding & off-boarding compliance checklist created, hiring platform incorporated into Workday, Student Appreciation Exam Break rooms with snacks, review of operational hours communications).

In addition to these strategic initiatives, UVA Recreation completed Green Workplace certification through various sustainability initiatives including sustainability trainings, energy efficiency signage, utility reviews and adjustments, recycling efforts and departmental sustainability communications.



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